



AT THE TABLE

THE HOSPITALITY OF JESUS IN THE GOSPEL OF LUKE

How to Use This Daily Reflection:

Each day we will very simply pray (P.R.A.Y.) ‘P’: PAUSING to be still. ‘R’: REJOICING with a Psalm and REFLECTING on a Scripture. ‘A’: ASKING God to help us. ‘Y’: YEILDING to His will in our lives, come what may. Allow this rhythm to deepen your awareness of God’s presence and guide you to live out His mission in your daily life.

Pause

Rejoice/Reflect

Ask

Yeild

Week 05: The Shared Table and the Body of Christ

Monday: Preparing the Table (Luke 22:7–13)

Pause: Quiet your heart. Picture the disciples hurrying through Jerusalem, making space for something sacred. Ask God to prepare your heart, too.

Rejoice: Today I rejoice in the God who prepares a place for us, as spoken in Psalm 23:5:

“

You prepare a table before me in the presence of my enemies;
You have anointed my head with oil; My cup overflows. — Psalm 23:5

Reflect: Before the meal begins, Jesus sends His disciples to get things ready. Even sacred moments need preparation. Hospitality isn’t just spontaneous; it involves intention, care, and trust.

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Then came the first day of Unleavened Bread on which the Passover lamb had to be sacrificed. And Jesus sent Peter and John, saying, “Go and prepare the Passover for us, so that we may eat it.” They said to Him, “Where do You want us to prepare it?” And He said to them, “When you have entered the city, a man will meet you carrying a pitcher of water; follow him into the house that he enters. And you shall say to the owner of the house, ‘The Teacher says to you, “Where is the guest room in which I may eat the Passover with My disciples?”’ And he will show you a large, furnished upper room; prepare it there.” And they left and found everything just as He had told them; and they prepared the Passover. — Luke 22:7-13

Ask: Lord, how can I prepare space in my life to meet with You and others this week?

Reflect: Where might God be inviting you to prepare a table—not just physically, but spiritually? What comes up as I re-read Luke 22:7-13

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Yield: God, I yield my calendar and expectations. Prepare my heart to serve and be served in community.

The Meal of the Kingdom (Luke 22:14–18)

Pause: Breathe deeply. Imagine reclining at the table with Jesus. Listen for His voice.

Rejoice: Today I praise the One who eagerly shares His joy with us, in the hope-filled words of Isaiah 25:6.

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The Lord of armies will prepare a lavish banquet for all peoples on this mountain; A banquet of aged wine, choice pieces with marrow, And refined, aged wine. — Isaiah 25:6

Reflect: Jesus speaks of fulfillment, of longing, of future joy. This meal looks forward to the kingdom where brokenness is healed and joy overflows.

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When the hour had come, He reclined at the table, and the apostles with Him. And He said to them, “I have earnestly desired to eat this Passover with you before I suffer; for I say to you, I shall never again eat it until it is fulfilled in the kingdom of God.” And when He had taken a cup and given thanks, He said, “Take this and share it among yourselves; for I say to you, I will not drink of the fruit of the vine from now on until the kingdom of God comes.” — Luke 22:14-18

Ask: Jesus, how can I live today with anticipation of Your coming kingdom? What needs to shift in my heart?

Reflect: Re-reading Luke 22:14-18 I reflect on how does sharing meals now prepare us for the joy of the feast to come?

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Yield: Lord, I yield my present worries to the joy of Your promised future.

Wednesday: This Is My Body (Luke 22:19)

Pause: Be still. Hold your hands open. Imagine receiving bread from Jesus Himself.

Rejoice: Today I give thanks for the love that offers itself fully, remembering the words of 1 John 3:16

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We know love by this, that He laid down His life for us; and we ought to lay down our lives for the brothers and sisters. — 1 John 3:16

Reflect: Jesus doesn't just give bread. He gives Himself. This act of hospitality costs Him everything, and we are nourished by it.

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And when He had taken *some* bread *and* given thanks, He broke it and gave it to them, saying, “This is My body which is given for you; do this in remembrance of Me.” — Luke 22:19

Ask: Jesus, what does it mean for me to receive You today? And how can I offer myself to others like You did?

Reflect: How does receiving Christ's body shape the way you live in your body—in service, presence, and love?



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Yield: Jesus, I yield my comfort and control. Make me a living sign of Your love.

Thursday: This Cup, This Covenant (Luke 22:20)

Pause: Take a moment to reflect on how God has been generous to you. Let gratitude rise.

Rejoice: Today I rejoice in the God who changes hearts and opens hands, as celebrated in Psalm 112:5



“I will put My law within them and write it on their heart; And I will be their God, and they shall be My people.” — Jeremiah 31:33

Reflect: Zacchaeus’ generosity isn’t forced—it flows from joy. Grace reorders what he values. His wealth becomes a tool for justice and mercy, not self-preservation.



And in the same way He took the cup after they had eaten, saying, “This cup which is poured out for you is the new covenant in My blood. — Luke 22:20

Ask: Lord, where am I still living by fear or merit? Help me trust the covenant of grace You sealed in Your blood.

Reflect: What would it look like to live each day remembering that you are already fully accepted by God? What comes up for as I re-read Luke 22:20



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Yield: God, I yield my striving. I receive again the cup of Your mercy.

Friday: Grace in the Midst of Betrayal (Luke 22:21–23)

Pause: Sit quietly. Consider the mystery of Jesus sharing the table with those who would fail Him.

Rejoice: Today I rejoice in the Savior who offers grace even in the face of betrayal, remembering Romans 5:8:



But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. — Romans 5:8

Reflect: Jesus doesn't push Judas away. He shares the bread, the cup, the space. This is not naïveté, it is costly hospitality. And it calls us to a love that transcends betrayal.

“

But behold, the hand of the one betraying Me is with Mine on the table. For indeed, the Son of Man is going as it has been determined; but woe to that man by whom He is betrayed!” And they began to discuss among themselves which one of them it might be who was going to do this thing.” — Luke 22:21-23

Ask: Jesus, how can I practice this kind of grace? Who do I need to forgive, include, or release to You?

Reflect: While re-reading Luke 22:21-23 I reflect on what it mean to offer hospitality to people who might disappoint or hurt you, just as Jesus did?

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Yield: Lord, I yield my defenses. Make me bold in grace, generous in love, and faithful in community.